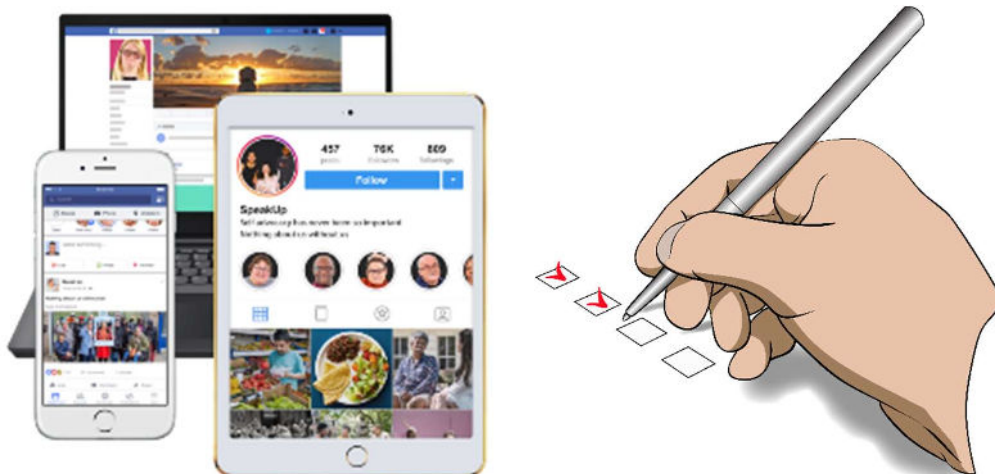# 6. Digital Citizens:

How are things going?

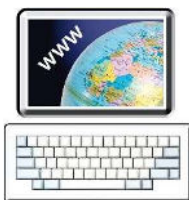**By Hōhepa Canterbury**

Published: March 2024

What is this document about?

This document is part of the Digital Citizens programme.

The Digital Citizens programme supports you to use **digital technology**.
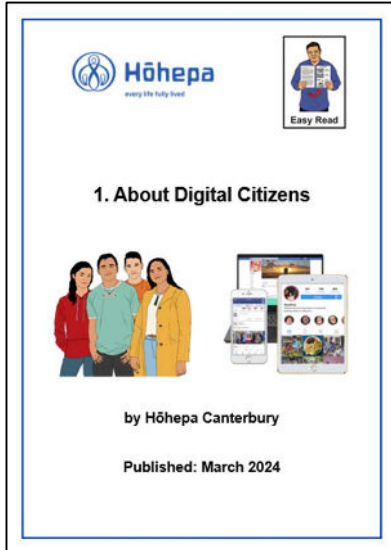
Digital technology means things like:

- smartphones

- laptops

- websites

- social media like Facebook or TikTok.

The Digital Citizens programme was made by Hōhepa Canterbury.

There is an Easy Read document called:

About Digital Citizens

You can find it at:

netsafe.org.nz/supporting-people-with-intellectual-disabilities/

About Digital Citizens tells you more about Digital Citizens.

You should read **About Digital Citizens** before this form.
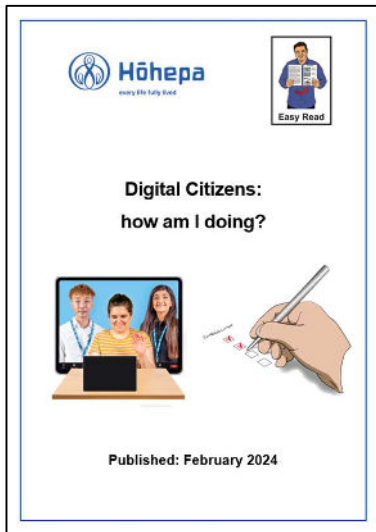
Parts of Digital Citizens

There are 5 parts of the Digital Citizens plan.

These 5 parts are:

- support needs

- values and attributes

- cyber safety aware

- digitally literate

- digitally fluent.

There is an Easy Read document that explains what these parts mean.

This document is called:

Digital Citizens: How am I doing?

You can find it at:

netsafe.org.nz/supporting-people-with-intellectual-disabilities/

You may not be working on all parts of the plan.

Only answer the questions for the parts you are working on.

Each part will ask you for your goal.

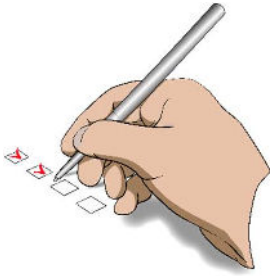A goal is something you want to:

- do

- be able to do.

Support needs

What is your goal?

Say more about your goal or give an example.
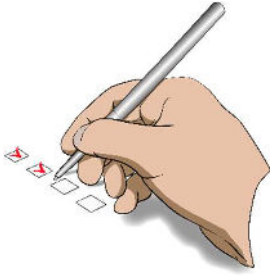

How will you tell how well you are doing?

Values and attributes

What is your goal?

Say more about your goal or give an example.

How will you tell how well you are doing?
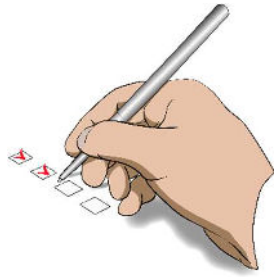
Cyber safety aware

What is your goal?

Say more about your goal or give an example.
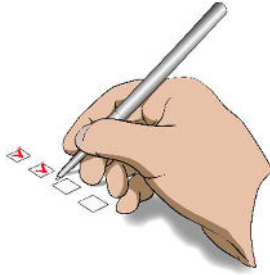
How will you tell how well you are doing?

Digitally literate

What is your goal?

Say more about your goal or give an example.

How will you tell how well you are doing?
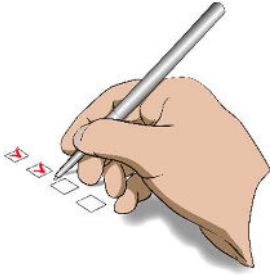
Digitally fluent

What is your goal?

_____

Say more about your goal or give an example.

_____

How will you tell how well you are doing?

What you think about how things are going

Answer these questions in the boxes.

What is going well?

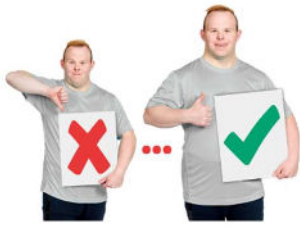How do you know when things are going well?

How can you show that things are going well?

What could be done better?

How do you know things need to be done better?

How can you show that things need to be done better.

How your support team think things are going

These questions are for your:
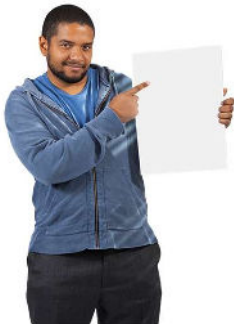
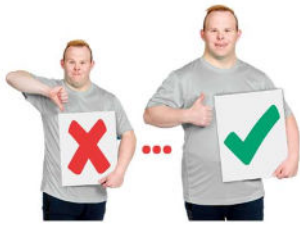- whānau / family

- support team.

What is going well?

How do you know when things are going well?

How can you show that things are going well?

What could be done better?

How do you know things need to be done better?

How can you show that things need to be done better.
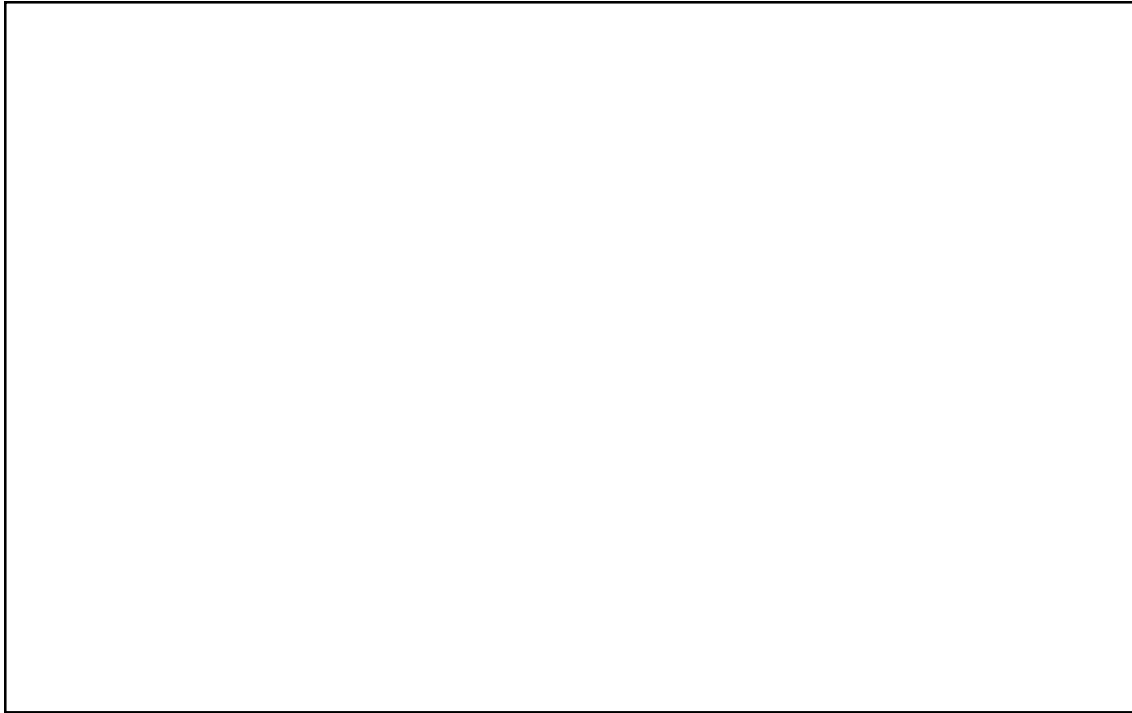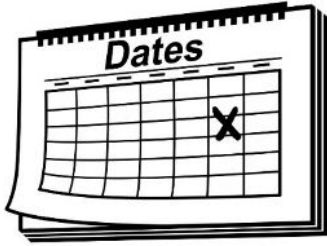
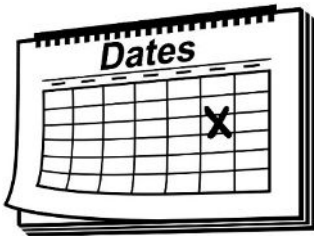# What next?

Say what happens next here:

Say when you will do these things by:

_____
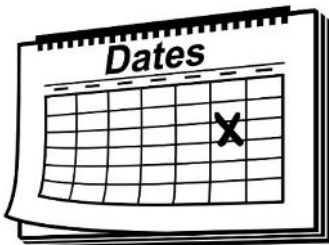
Sign your name to show you agree with the next steps.

_____

Write the date you sign it.

_____

Your support team should sign here to show they agree with the next steps.

_____

Write the date they sign it:

_____

More information

You can find more information at:

netsafe.org.nz/supporting-people-with-intellectual-disabilities/

You can also contact us by email at:

info@hohepacanterbury.com

This information has been written by Hōhepa Canterbury.

It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.

The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.

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