

## 5. My Digital Citizens Plan



**By Hōhepa Canterbury**

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# About this document



This document talks about what you have agreed to work on in your **Digital Citizen** journey.



The Digital Citizens programme supports you to use **digital technology**.

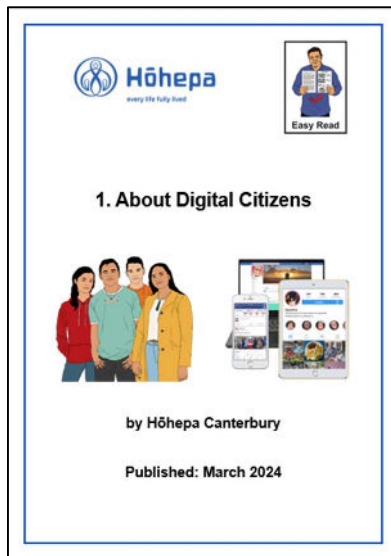


**Digital technology** means things like:

- smartphones
- laptops
- websites
- social media like Facebook or TikTok.



The Digital Citizens programme was made by Hōhepa Canterbury.



There is an Easy Read document called:

## About Digital Citizens

**About Digital Citizens** tells you more about Digital Citizens.



You can find it at:

**[netsafe.org.nz/supporting-people-with-intellectual-disabilities/](https://netsafe.org.nz/supporting-people-with-intellectual-disabilities/)**



You should read **About Digital Citizens** before this document.

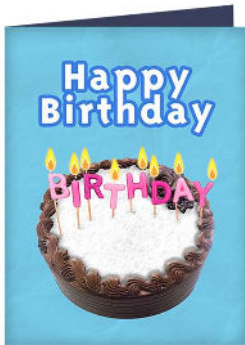
# Information about you



Write your answers on the lines.

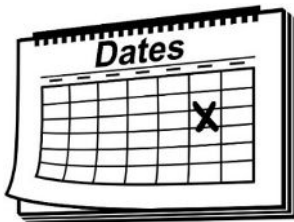
My name is:

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My age is:

---



The date today is:

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The date my goals start is:

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**Goals** are things you want to be able to do.



The date my goals end is:

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I set my goals together with these people:

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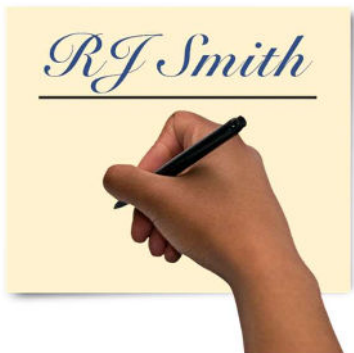
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Sign your name on the line below to say you agreed to the goals.

# Goals



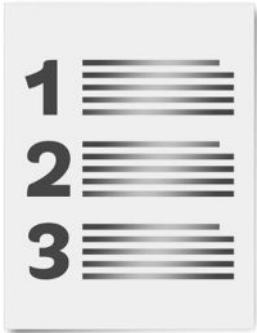
Write information about your goals here.

## Goal 1

The goal is called:



The goal is in this area:





More information about the goal:



Things you will do to support the goal:



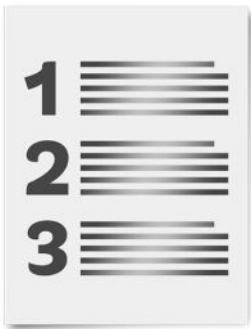
Things your team will do to support your goal:



## Goal 2



The goal is called:



The goal is in this area:



More information about the goal:



Things you will do to support the goal:



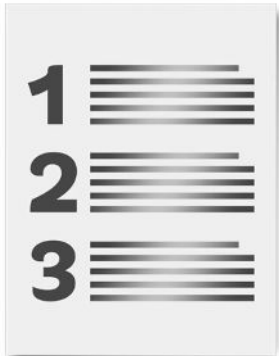
Things your team will do to support your goal:

## Goal 3

The goal is called:



The goal is in this area:



More information about the goal:





Things you will do to support the goal:



Things your team will do to support your goal:

## More information



You can find more information at:

**[netsafe.org.nz/supporting-people-with-intellectual-disabilities/](https://netsafe.org.nz/supporting-people-with-intellectual-disabilities/)**

You can also contact us by email at:

**[info@hohepacanterbury.com](mailto:info@hohepacanterbury.com)**





This information has been written by Hōhepa.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.



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