

4. Digital Citizens consent form



By Hōhepa Canterbury

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What is this document about?



This document is part of the Digital Citizens programme.



The Digital Citizens programme supports you to use **digital technology**.







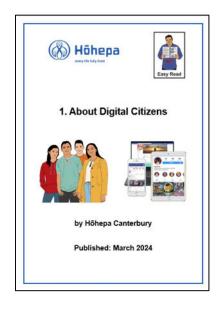


Digital technology means things like:

- smartphones
- laptops
- websites
- game consoles
- social media like Facebook or TikTok.



The Digital Citizens programme was made by Hōhepa Canterbury.



There is an Easy Read document called:

About Digital Citizens

You can find it at:



netsafe.org.nz/supporting-peoplewith-intellectual-disabilities/



About Digital Citizens tells you more about Digital Citizens.

You should read **About Digital Citizens** before this form.



This document is a consent form.

A **consent form** is something you fill in to say you agree to something.



It is your choice if you want to agree.

What you are being asked to do



We are your parents or support team.

Our names are:

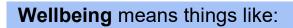


We want to make sure you can use digital technology in a way that is:

- safe
- supports your wellbeing.







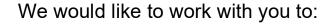
- how we feel about ourselves
- feeling safe
- looking after ourselves
- getting support when we are feeling sad or worried.





To do this we want to understand:

- how you use the internet
- what we can do to support you to keep
 - yourself safe
 - o other people safe.





- try a new way of working out what your **goals** are for using digital technology
- do other things to help you use digital technology in a way that works well.



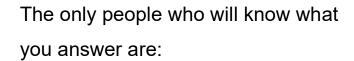
Goals are things you want to be able to do.



We will do this in an **interview**.

An **interview** is a meeting where we ask you questions.



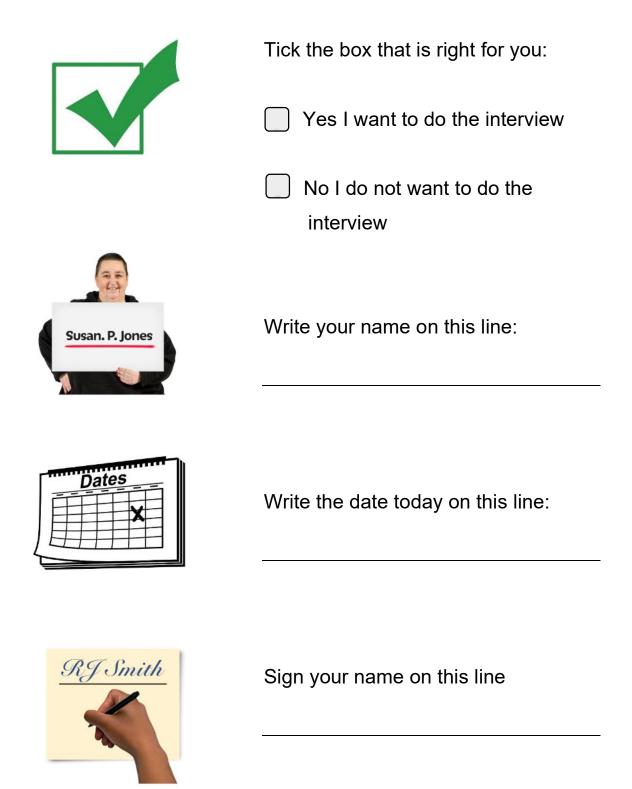


- us your parents or support team
- people who are supporting us to support you.



It is your choice if you want to do this interview.

The consent form to fill in



More information



You can find more information at:

netsafe.org.nz/supporting-peoplewith-intellectual-disabilities/



You can also contact us by email at:

info@hohepacanterbury.com



This information has been written by Hōhepa Canterbury.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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