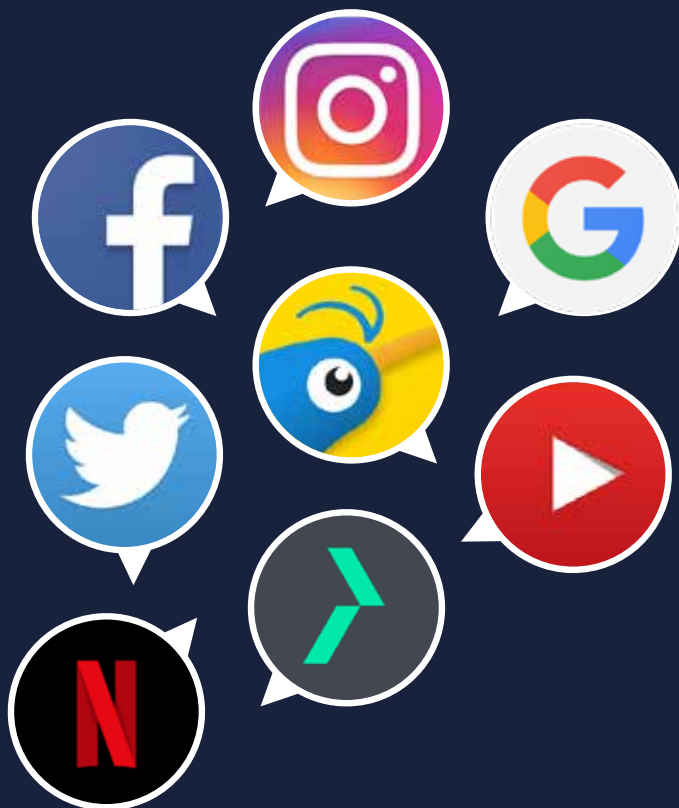


Te Haumarū Tuihono

ARATOHU TOHUTORO TERE



Mō te katoa te haumaruru tuihono.

Kia ora,

He wāhanga hira te hangarau matihiko mō te āhua o te tūhonohono a te tangata ki te nuinga o tātau i ia rā. Mai i te hokohoko kai ki te whai haere i tā tātau whakapakari tinana ki te whakarite i ngā tūtakitaki ā-tangata – he wāhanga hira te tuihono ki te āhua o tā tātau noho.

Kua tino kaha rawa te mōhio haere o te iwi o Aotearoa ki te hiranga o te haumaruru tuihono me te tikanga o tēnei mō rātau me ō rātau whānau.

Ko te mahi a NetSafe he whakamāmā ake mō te tangata kia āhei atu ki ngā whai wāhitanga tuihono me te āwhina i a rātau ki te pā mai he raruraru. Ka tutuki i a mātau tēnei mā te tuku i ngā tautoko, tohutohu, mātauranga koreutu hoki mā te mahi tahi me te hapori, te ahumahi hangarau me te Kāwanatanga.

Ka āwhina tēnei Aratohu Haumaruru Tuihono i te tangata kia pai ake ngā wheako tuihono, heoi tēnei te mihi atu ki ō mātau hoa pātui katoa mō te whakauru mai ki te kaupapa.

Mō ētahi atu āwhina haumaruru tuihono, me whai i a @NetsafeNZ i runga Pukamata, Kapoata (Instagram) me Tīhau, me rehita rānei mō ngā whakamārama īmēra i netsafe.org.nz/newsletter

Ngā mihi,
Netsafe



Ngā kaupapa

[Te haumarū tuihono me Netsafe](#)

[Haumarutanga tuihono me CERT NZ](#)

[Tō rapu me Google](#)

[Tō ao pāpori me Tihau](#)

[Tō ao pāpori me Pukamata](#)

[Tō ao pāpori me Kapoata](#)

[Ō ataata me TiriAta \(YouTube\)](#)

[Tō ao tauhokohoko me Trade Me](#)

[Ō whakangahau me Rangikiriata \(Netflix\)](#)

[Mō Netsafe](#)

HAUMARU TUIHONO ME NETSAFE

He kaupapa arumoni-kore motuhake a Netsafe e ngākau tapatapahi ana ki te haumaruru tuihono. Ka whakarite mātau kei te haumaruru te tangata mā te tuku mātauranga me ngā tohutohu a ngā mātanga. He koreutu, whakawā-kore tā mātau ratonga e wātea ana mō te whitu rā i te wiki. Haere ki netsafe.org.nz mō ngā rauemi whaitake, waea rānei ki 0508 638 723.



Te whakarite i te whakaweti, te tūkinu rānei

E ai ki ā mātau rangahau, 40 ōrau o ngā tāngata o Aotearoa i whiwhi i tētahi whakawhitiwhiti matihiko kāore i hiahiaatia i te tau kua hipa.

Kei roto i tēnei ko te whakaweti, te tūkinu me te nonotitanga. Tērā ētahi mahi māu e taea ai tēnei te whakarite.

Kaua e whakautu, me ārai i te tangata ka pūrongo atu i ngā kōrero ki te pūhara kei reira ngā pānui.

Mēnā he take tino nui, kei te haere tonu rānei, me tango he topengamata, me tuhituhi ngā mahinga ka whakapā atu ki Netsafe mō ngā tautoko.

Tērā tētahi ture e kīia ana ko te Ture Whakawhiti Matihiko Tūkinu (Harmful Digital Communications Act) hei āwhina i ngā tāngata i Aotearoa.



He aratohu poto mō te Ture Whakawhiti Matihiko Tūkinu (Harmful Digital Communications Act)

- Ko te whāinga o te Ture he āwhina i te hunga kei te karawhiua ki ngā ihirangi kino
- Karaua atu ki tēnei ture ko ngā whakawhitiwhiti matihiko, tae atu ki ngā patowaea, ngā imēra, pāpāho pāpori rānei
- Ka arohia ngā ihirangi ka pōhi tūmatanuitia, ka tukuna tūmataititia rānei
- 10 ngā mātāpono whakawhitiwhiti kōrero e ārahi ana me pēhea te whakawhitiwhiti tuihono
- Ko te mahi a Netsafe he āwhina ki te whakatika takahanga o ngā mātāpono whakawhitiwhiti 10
- He whiu taihara anō kei roto i te Ture

Mō ētahi atu mōhioha haere ki netsafe.org.nz/what-is-the-hdca

Ētahi tohutohu anō:

netsafe.org.nz/advice/harmfuldigitalcommunications/
netsafe.org.nz/advice/parenting/



Te tiaki i ngā tamariki kia haumaruru

I te nui haere o te tiaki tamariki ā-matihiko a ngā mātua me ngā whānau, he mea nui kia tautokona e koe tō tamaiti kia haumaruru ai te wheako.

E whakaatu ana ngā rangahau a Netsafe ahakoa kei te angitū te maha o ngā tamariki ki ō rātau pūkenga matihiko, kāore i pērā rawa te angitū ā-matihiko a ngā tamariki nohinohi ake ahakoa te pōhēhē o ngā mātua.

He nui ake te whakamahi a ngā kōtiro i ngā taupānga karere inamata me te tuari whakaahua, ā, he nui ake te whakamahi a ngā tama i ngā kēmu, e whai pānga ana ki te tikanga whakahaumaruru i a rātau.

Ka uaua pea mō ngā mātua te mōhio ki hea tīmata ai, ā, me te āwhina i ā rātau tamariki kia haumaruru te whai wāhi tuihono a ngā tamariki – ka āwhina ngā rauemi a Netsafe netsafe.org.nz/parenttoolkit



Me tīmata ki hea

Me kōrerorero haere tonu me tō tamaiti mō te āhua o tana whakamahi i ana pūrere, he aha ngā pūhara kei runga ia, ā, ko wai te hunga e tūhonohono ana ia i te mea ka āwhina i a koe kia mārama ai kei te aha ia, ā, me pēhea te ārahi i a ia.

Whakamahia te **Tiriti Haumaruru Whānau Tuihono** ki te waihanganga ngātahi i tētahi mahere, kia mōhio ai koe me aha koe mēnā ka pā mai he rarururu, kei te hiahia āwhina rānei ia.

Ka āwhina anō te kōrerorero haere tonu mō ā rātau mahi ki te whakaiti i te kino ki te pā mai he rarururu.

Me aro tētahi wāhanga o tō mahere ki te pēheatanga o te whakamahi i ngā āhuatanga ārai me te pūrongo āhuahira i runga taupānga, paetukutuku rānei, ā, ko wai te hunga hei tono tohutohu i te mea ehara ko ngā mātua te hunga ka tonoa i ngā wā katoa.

Rapu kōrero atu anō i netsafe.org.nz/make-a-plan

HAUMARUTANGA TUIHONO ME CERT NZ

E tautoko ana a CERT NZ i ngā tāngata o Aotearoa kei te pā ki ngā raruraru haumarutanga ipurangi. E tuku ana mātau i ngā tohutohu pono, whai mana hei āwhina i a Aotearoa kia mārama ake, kia manawaroa ake ki ngā tuma haumarutanga ipurangi.



Me whakamahi ngā kupuhipa motuhake

Ko te ara māmā e uru ai he kaiwhakaeke ki te pūkete a tētahi atu ko te kupuhipa. Whakamarutia ō pūkete me ngā raraunga mā te whakarite he rerekē te kupuhipa mō ia pūkete.

Me whakarite he uaua te kimikimi i tō kupuhipa mā te whakamahi i ngā kupu matapōkere rerekē maha – ka roa ake, ka pakari ake.

Rapu kōrero atu anō i
cert.govt.nz/password-manager



Me whakamahi he pūwhakahaere kupuhipa

He uaua te maumahara ki ngā kupuhipa pakari maha. Ko te whakamahi i te pūwhakahaere kupuhipa tētahi tikanga māmā hei tiaki tuihono i a koe anō – ka mutu me maumahara noa koe i te kupuhipa matua kia āhei atu ai ki ō pūkete tuihono katoa.

He haumarua ake te whakamahi i te pūwhakahaere kupuhipa i te waihanga i ngā kupuhipa maha me maumahara koe. Ko te take kāore e tino pakari ētahi kupuhipa ko te whakamāmā kia kaha ai te maumahara.

Rapu kōrero atu anō i
cert.govt.nz/password-manager

Ētahi tohutohu anō:

cert.govt.nz/simple-steps



Whakakāngia te motuhēhēnga āhuatanga-rua

He tikanga māmā te whakakā i te motuhēhēnga āhuatanga-rua (2FA) ki tō tukanga takiuru hei tāpiri haumarutanga atu anō ki ō pūkete – me te aha ka uaua ake mō ētahi atu ki te uru atu, ahakoa kei a rātau pea tō kupuhipa

He upane māmā atu anō i muri i tō takiuru, pērā i te tāuru i tētahi waehere mai i tētahi taupānga. Ka taea e koe te whakahohe he 2FA ki te nuinga o ō pūkete tuihono me te nuinga o ō pūrere. Ko te tikanga ka kitea e koe te kōwhiri whakakā i roto i ngā tautuhinga tūmataitinga.

Rapu kōrero atu anō i

cert.govt.nz/2FA



Aratohu Tere

He maha ngā mahi māmā, tere hoki kia haumaruru tuihono ai koe me ō raraunga. E tino kitea whānuitia ana ngā raruraru haumarutanga ipurangi, me pēnei te whakaiti i tō mōrea:

- Me noho hou ō pūrere me ngā taupānga
- Pūruatia ō raraunga
- Mukua ngā taupānga kāore e whakamahia ana e koe
- Whakahaeretia aunoatia ō ārai-wheori
- Me whakaiti ngā mōhiohio whaiaro ka tukuna tuihonotia e koe

Rapu kōrero atu anō i

cert.govt.nz/top-tips

TŌ RAPU MĀ GOOGLE

Ko te kaupapa a Google he whakariterite i ngā mōhiohio o te ao kia wātea mai ai, kia whaitake ai. Mai anō i te tīmatanga, i arotahi mātau ki te tuku i tētahi wheako kaiwhakamahi pai rawa, ā, hei mutunga iho o te whakarite i te hangarau mō te katoa e tika ana me tiaki i te hunga katoa ka whakamahi.



Me whai i tētahi Tiro tiro Haumarutanga

Ko tētahi tikanga māmā hei tiaki i tō Pūkete Google ko te whai i te Tiro tiro Haumarū. I hangaia e mātau tētahi utauta aratohu hei tuku tūtohutanga haumarutanga whaiaro ake, ka taea te whakatinana hei āwhina i a koe ki te whakakaha me te whakahaumarū i tō Pūkete Google.



Hangaia Ngā Kupuhipa Pakari

Ko te waihanga kupuhipa pakari, motuhake tētahi o ngā upane taketake rawa ka taea e koe kia haumarū ai ō pūkete tuihono. Ka taea e koe tēnei mā te whakamahi i ngā kupu kāore nei e wareware i a koe engari ka uaua ake mō ētahi atu ki te kimikimi. Kia pakari ake, me waru pūāhua i te iti rawa te roa, ina ka roa ake tō kupuhipa, ka pakari ake.

Ka tiro tirohia aunoatia e te [Pūwhakahaere Kupuhipa](#) te haumarutanga o ō kupuhipa katoa kua tiakina, ka whakamōhio i a koe mēnā kua whakararua me te tuku i ngā āwhina whaiaro ake.

Ko te kaupapa pūtake a Google ko te whakapono me whakaaronui mātau ki ngā tāngata e whakamahi ana i ā mātau ratonga. I te hangā haere o te ipurangi, me kauneke haere anō ā mātau hangarau haumarutanga me ngā utauta tūmataitinga hei āwhina ki te whakahaumarau tuihono i a koutou ko tō whānau.

Hono whaitake ki te Pokapū Haumarua a Google: safety.google/intl/en_nz/

Me ngā āwhina haumarutanga whaitake: safety.google/intl/en_nz/security/security-tips/



Me ārai atu i ngā mūrere mā te Manatokonga Upane-2

Ka āwhina te [Manatoko Upane-2](#) ki te aukati atu i uru pokanoa a te tangata ki tō pūkete, mā te whakarite kia whakamahia e koe he āhuetanga tuarua i tua atu i tō ingoa kaiwhakamahi me te kupuhipa hei takiuru ki tō pūkete.

Mā Google, he waehere mati-ono tērā e whakaputaina ana e te taupānga Pūwhakamotuhēhē a Google, he tohu rānei ki tō taupānga hei whakaae ki te takiuru mai i tētahi pūrere e whirinakitia ana.



Aratohu Poto mō Rapu Haumarua

He rite a SafeSearch ki tētahi tātari mō ō otinga rapu kia kore ai e mau ngā paetukutuku me ngā atahanga hōkakatanga, anuanu rānei. Ka tukuna e SafeSearch ngā tautuhinga e toru hei kōwhiri māu 'Strict', 'Moderate', 'None' rānei.

Tīmataria tō haumarua i tēnei rā:

1. Haere ki te whārangi Ngā Tautuhinga Rapu i google.com/preferences
2. Tipakohia te kōwhiringa 'Turn on SafeSearch'
3. Pāwhiri 'Save' i raro o te whārangi



TŌ AO PĀPORI ME TĪHAU

Kei te haruru a Tīhau i te ao i tēnei wā tonu. Mai i ngā rongō kōrero hou e pakaru ana i te ao whakangahau, hākinakina me te tōrangapū ki ngā mahi e kaingākauria ana i ia rā, mēnā kei te mahi haere, kei runga i a Tīhau. Ko Tīhau te wāhi e puta ai te tino kōrero me ngā kōrero matawā me ngā āhuatanga matawā kāore ōna ritenga. Mō ētahi atu mōhiohio, haere ki about.twitter.com, whai haere rānei i a @twitter.



Me whakaaroaro i mua i tō tuku Tīhau

He pūhara tūmatanui a Tīhau. Kia maumahara, ina whakairi koe i tētahi mea ki te ipurangi, he uaua ki te muku, te tango rānei i mua i te kite a tētahi atu. I mua i tō tuku Tīhau, me whakaaro koe he aha te mea e hiahia ana koe kia kite tō whaea, tō kuia rānei.

Ki te whakairihia e te tangata tētahi mea kāore i te pai ki a koe, me pātai ki tētahi atu kia mukua. Mēnā ka whakairi koe i tētahi mea mō tētahi tangata, ā, ka pātai ia ki a koe kia tangohia mai, me whakaaronui koe ki tōna tūmataitinga me tōna pono mā te tango mai.



Te tuari me te tūmataitinga

Ki te tuaritia e koe ō taipitopito pūkete me te kupuhipa ki tētahi atu, ka taea pea e ia te tuku ihirangi ki tō kiwhaiaro Tīhau me tō kore whakaaetanga, te huri rānei i te kupuhipa me te wāhitau īmēra kia kore ai e uru atu ki tō pūkete.

Kei te tautuhinga 'Public' ngā pūkete Tīhau, arā, ka kitea e te katoa ō Tīhau. Ka taea e koe te 'Protect' ō Tīhau kia kitea anake e te hunga e whai ana i a koe. Me pāwhiri ki te pikitia kōtaha whai ake kei te pae rapu, kōwhiri 'settings', 'security and privacy' ka tipako 'protect my Tweets' kia tūmataiti ai tō pūkete Tīhau.

Ētahi utauta anō:
support.twitter.com



Ngā Tīhau Tē Hiahiatia

Mēnā kei te whiwhi koe i ngā Tīhau tē hiahiatia, ka taea e koe te whakangū, ārai me te pūrongo i te kaiwhakamahi mā te whakamahi i ā mātau utauta pūrongo. Ka kitea ā mātau utauta mā te pāwhiri ki te tohu hiwi kei te kokonga mātau o runga o te Tīhau kei te waea pūkoro, rorohiko rānei.

Mēnā kua neke kē atu tētahi mea ki tētahi tohetohe, ā, kua puta hei whakatuma tika tonu, ahakoa tuihono, tuimotu rānei, me whakapā atu koe ki te ture i te mea ko rātau ka tino mōhio me pēhea te tātari i te tuma me te āwhina ina hiahiatia ana. Ka taea e koe te pānui haere anō i ā mātau Aratohu a te Ture i

support.twitter.com/articles/41949



Aratohu Tere

Mēnā kei te whiwhi koe i ngā Tīhau tē hiahiatia, ka taea e koe te wetearu me te ārai i te kaiwhakamahi.

1. Haere ki tana kiwhaiaro Tīhau ka pāwhiri i te pātene 'following' kikorangi hei wetearu i te kaiwhakamahi
2. Pāwhiria te tohu ngā tautuhinga kei te taha o te pātene 'following'
3. Pāwhiri 'Block'
4. Kia kite ai i tētahi rārangi o ngā pūkete i āraia e koe, haere ki tō pikitia kiwhaiaro, pāwhiria 'settings' ka kōwhiri 'blocked accounts'



TŌ AO PĀPORI

ME TE TAUPĀNGA PUKAMATA

Ka haere mai ngā tāngata ki Pukamata ki te tuari i ā rātau kōrero, te kite i te ao mā te tirohanga a ētahi kē me te tūhono ki ngā hoa me te whānau. Ko tā mātau whāinga he tuku i te mana ki te tangata ki te waihanga hapori me te kukume i te ao kia piri tata ake. Ko tō mātau hiahia kia noho haumaruru ngā tāngata katoa ina whakamahi ana i a Pukamata.



Kei te māharahara mō tētahi whakairinga

Mēnā ka kite koe i tētahi mea i runga i a Pukamata kāore i te ū ki [Ngā Paerewa Hapori](#), ka taea e koe te [pūrongo atu](#). Ka wawe te arotake a Pukamata i tō pūrongo me te whakamōhio atu ki a koe mō ā rātau mahi whai ake mā tō [Pouākauru Tautoko](#).

Hei pūrongo anō i tētahi whakairinga, pāwhiri ki te mātau o runga o te whakairinga e hiahia ana koe ki te pūrongo me te kōwhiri i te kōwhiringa pai rawa e whakaahua ana i te raru ka whai i ngā tohutohu i runga mata.



Kei te māharahara koe mō tētahi tangata

Ki te tuku whakairinga tētahi i runga i a Pukamata e māharahara ai koe mōna, ka taea e koe te toro atu ki a ia – me te pūrongo atu i te whakairinga ki Pukamata. He rōpū ō Pukamata e mahi ana i te 24/7, hei arotake i ngā pūrongo. Ka whakaarotautia e rātau ngā pūrongo tino nui rawa pērā i te whakamamae i a koe anō me te tuku āwhina, rauemi hoki te hunga kei te ahotea. Mō ētahi atu mōhiohio haere ki facebook.com/safety/wellbeing.

Mō ētahi atu utauta me ngā rauemi:

facebook.com/safety/bullying

facebook.com/safety/tools/safety

facebook.com/safety/tools/privacy



Kei a koe te mana!






Whakamahia te Tiro tiro Tūmataitinga hei whakahaere i ō tautuhinga tūmataitinga kia mōhio ai koe ko wai kei te kite i ngā mea e tuaritia ana e koe. Ka āwhina te Tiro tiro Tūmataitinga i a koe ki te arotake me te whakahāngai ko wai ka kite i ō whakairinga, ko wai ka kite i ngā mōhiohia whaiaro kei tō kīwhaiaro, ā, ko ēhea ngā tautuhinga kua whakahohea e koe mō ngā taupānga kua takiruatia e koe mā Pukamata. Kei konei ētahi atu taipitopito fb.me/PrivacyCheckup

Me whakarite kei te tino haumarū tō pūkete ki tērā e taea ana. Me whakamahia te Tiro tiro Haumarutanga hei arotake me te tāpiri haumarutanga atu anō ki tō pūkete fb.me/securitycheckup



Aratohu Tere

Ina whakairi i hirangi koe i runga Pukamata, ka taea e koe te kōwhiri ō kaimātakitaki.

-  **Public:** Ngā tāngata katoa ahakoa ko wai me rātau kei waho o Pukamata
-  **Friends (me ngā hoa o ngā tāngata i whakakaratia):** Ō hoa Pukamata. Mēnā ka whakakaratia he tangata ki rō whakairinga, ka kitea e te tangata me ōna hoa. Hei huri i tēnei, pāwhiria te hunga kaitipako mātakitaki kei te taha o te whakairinga, tīpako  Custom, ka wetetaki i **Friends of those tagged**
-  **Only Me:** Ko koe anake ka kite. Mēnā ka whakakara koe i tētahi atu, ka kitea e ia.
-  **Custom:** Tuaritia tētahi mea me ngā tāngata ake, me huna rānei mai i ētahi tāngata ake rānei.



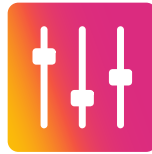
TŌ AO PĀPORI ME KAPOATA (INSTAGRAM)

He taupānga a Kapoata e taea e koe te hopu wā hira e hira ana ki a koe me te tuari ki ō hoa me ngā kiriaru – mai i ngā wā hira ki ngā mea o ia rā. Ka taea e koe te tuari whakaahua, ataata, kōrero, te pāho matawā rānei. Ka taea e koe te whakawhitiwhiti ki ō hoa me ngā kiriaru mā te tuku tohu aroha, te tuku kōrero ki ngā whakairinga, te tuku karere hāngai rānei.



Whakahaeretia ngā kōrero i ō whakairinga

- 1 Whakawetohia ngā kōrero ki tētahi whakairinga**, i mua i tō tuku whakairinga mā te whakamahi i "Advanced Settings" ka tīpako "Turn off Commenting", ka taea rānei e koe te pato i te ...tahuahua ahakoa te wā i muri i te tuku whakairinga hei whakaweto, whakakā rānei i ngā kōrero.
- 2 Muku me te Pūrongo i Ngā Kōrero Weriweri:** Mēnā ka kitea e koe ngā kōrero kāore i te hiahia, me miri whakatemataua ki taua kōrero hei huna. Ka taea anō e koe te pūrongo "Abusive Comments" me ngā kōrero haurongo, ka taea e koe te pūrongo mā te miri whakatemataua.
- 3 Tātari Kupumatua Ritenga:** Kua hangaia e Kapoata he utauta whakatau kupumatua e taea ana e te tāngata te whakamahi e taea ai e koe te tātari atu ngā kōrero whai kupu kāore koe i te hiahia kite. Mā tēnei āhuahira ka taea e koe te whakarārangi ngā kupu he weriweri ki a koe, tae atu ki ngā kianga me ngā atapātuhī, ā, ka hunaia ngā kōrero me ēnei kupu mai i ō whakairinga. Ka taea e koe tō ake rārangi kupu, te whakamahi rānei i tētahi rārangi taunoa.



Te whakahaere ko wai ka toro atu ki ō ihirangi

- 1 Pāwhiri Settings** kei te taha mauī o runga o tō kīwhaiaro
- 2 Mai i te Privacy**, tīpako "Restricted Accounts", "Blocked Accounts", "Muted Accounts" rānei
- 3 Tipakohia ngā tāngata e hiahia ana koe ki te rāhui, te ārai, te whakangū rānei.**
Restrict: He ārai i te kite a tētahi atu i ana kōrero i ō whakairinga, hāunga kōrua – me whakaae koe ki ana kōrero i mua i te kite a tētahi atu, engari kāore pea i te mōhio kua rāhuihia tana kōrero.
Block: He ārai i tana kite, tauwhitiwhiti rānei ki ō whakairinga ahakoa pēhea.
Mute: He ārai i a koe mai i te kite i ana whakairinga kei tō Whāngai, kei Ngā Kōrero rānei.
- 4 Close Friends:** Ka kite tētahi rōpū whāiti o ngā tāngata mai i tō rārangi kiriaru ka kite i ngā whakairinga Kōrero tauwhāiti ka tukuna e koe ki "Close Friends"

Ngā hono whaitake:
help.instagram.com/
instagram-together.com/



Mēnā kei te māharahara mō tētahi tangata, whakairinga rānei

Mēnā ka kite koe i tētahi pōhi i runga Kapoata mai i tētahi tangata kei te hiahia tautoko hinengaro hauora, ka taea e koe te tuku pūrongo matangaro. Ka tukuna e Kapoata ngā mōhiohio ki a ia me ngā aki me pēhea te tiki āwhina me ētahi mea ka taea e koe te mahi wawe tonu. Ka whiwhi anō koe i ngā mōhiohio me pēhea te tuku āwhina, tautoko hoki. Ka kitea te tuku pūrongo mā te pāwhiri ki te taha mātau o runga o tētahi whakairinga.

Mēnā ka kite koe i tētahi mea i runga o Kapoata ki ōu whakaaro kāore e tika ki reira, ka taea e koe te tuku pūrongo. E whakahaere ana [Ngā Aratohu Hapori](#) he aha ngā ihirangi ka taea te whakairi, kāore rānei i runga o Kapoata. Pūrongotia tētahi whakairinga mā te pāwhiri ki te ...ka puta ki runga o tētahi whakaahua, ataata rānei, i raro rānei o tētahi kōrero.



Aratohu Tere

Ka taunoa te kite a te tangata i tō kīwhaiaro me ō whakairinga i runga Kapoata. Ka taea e koe te tautuhi kia tūmataiti tō pūkete kia āhei anake ko ngā kiriaru ka kite i ō whakairinga.

1. Haere ki tō kīwhaiaro
2. Pāwhiri ki ... hei uru ki ō tautuhinga pūkete
3. Whakakāngia te **Private Account**

Kei a Kapoata anō te kaha ki te tuku painga ki ngā kōrero mā te patopato i te ata manawa kei te taha o tētahi kōrero. Mā te painga kei te whakaatu koe i tō tautoko me te whakatenatena i te wairua pai i roto i te hapori.

He utauta whaitake me ngā aki a te [Aratohu Haumaruru me te Pakari a Kapoata](#) mā te katoa.



Ō ATAATA ME TIRIATA (YOUTUBE)

Mā TiriAta ka āhei ngā tāngata tini piriona ki te tūhura, mātakitaki me te tuari i ngā ataata taketake i hangaia. Ina whakamahia e koe te TiriAta, ka hono koe ki tētahi hapori e rapu ana ki te tūhono, te whāngai kōrero me te whakahihiri i ētahi atu puta noa i te ao. Mā te whai i te hapori ka āwhina i a koe kia ngahau, kia pārekareka a TiriAta mō te katoa.



Me whakakara ngā ihirangi pāhekeheke

Kāore pea e rata ki a koe ngā mea katoa ka kite koe i runga TiriAta. Mēnā ki ōu whakaaro kāore i te pai ngā ihirangi, whakamahia te [āhuahira whakakara](#) hei tuku kia arotakehia e ā mātau kaimahi TiriAta.

Ka āta arotakehia ēnei i te 24 haora i te rā, whitu rā i te wīki hei whakarite mēnā kua takahia ā mātau Aratohu Hapori. Mēnā ka takahia e tētahi ataata ā mātau aratohu, ka tangohia mai i te pae.

Hei pūrongo i ngā ihirangi, me pāwhiri 'more' kei raro o te ataata ka tīpako 'report'.



TiriAta mō ngā tamariki kei raro i te 13 tau

I hangaia e mātau te TiriAta Tamariki hei hanga i tētahi wāhi haumarū mā ngā tamariki i raro i te 13 tau hei hōpara i ō rātau kaingākautangā, pākiki hoki, me te tuku i ngā utauta hei whakarite ake i te wheako mō ā rātau tamariki. Mā te whakamahia i ngā hātepe tātari kia haumarū ai ngā tamariki, i hangaia te TiriAta Tamariki mā ngā tamariki, engari ko ngā pakeke kei te whakahaere.

Ka taea te taupānga te tikiake mai i te Google Play Store me te iTunes App Store.

Ētahi atu utauta TiriAta:

youtube.com/about/policies/#staying-safe



Whakamahia ō tautuhinga tūmataitinga

Mēnā kei te hiahia koe kia kitea anake e ō hoa ngā ataata i tukuna atu e koe haere ki 'My Videos', pāwhiri 'Edit', ka whakawhiti ki 'Private'.

Ka tukuna e te tautuhinga taunoa kia kitea ō ataata e te hunga kei a rātau tō īmēra. Hei mono i te tautuhinga pāwhiria te pātene 'Edit Channel' kei ō tautuhinga pūkete.



Aratohu Poto mō Aratau Rāhui

He tautuhinga 'whakauru mai' a Aratau Rāhui i TiriAta ka taea e koe te whakamahi hei tātari atu i ngā ihirangi pea mā te pakeke kāore pea koe e hiahia ana ki te kite, kāore rānei koe i te hiahia kia kitea e ētahi atu e whakamahi ana i tō pūrere ina whakamahi ana i TiriAta.

Hei whakakā, pāwhiria tō pikitia kīwhaiaro, tīpako 'Restricted Mode', ā, ki te pouaka kōrerorero ka puta ka taea e koe te takahuri kia kā, kia weto rānei.

TŌ WĀHI TAUHOKOHOKO ME TRADE ME

Ko Trade Me te wāhi tauhokohoko tuihono mātāmua me te pūhara pānuī hokohoko whakarōpū o Aotearoa. Ka taea e ō mātau mema te hoko, te hoko atu, te rapu mahi, te tūtaki ki tētahi hoa makau, te kimi kāinga, te rapu inihua, me te maha atu. Ka whakapau kaha mātau ki te whakarite he wāhi haumarū, he wāhi e whirinakitia ana a Trade Me i te 24/7/365. Kei te mahi mātau i ngā wā katoa ki te tiaki me te hāpai i ā mātau kiritaki.



Ngā āwhina hoko haumarū

- Kaua rawa e tuku moni ki waho o Aotearoa
- Kaua rawa e utu moni mā ngā utu takawaenga inamata pērā i a Western Union
- Whakamahia a Ping, Afterpay rānei hei utu i ngā tauhokohoko hei whakarite kei raro koe i te kaupapa Whakamarū Kaihoko a Trade Me trademe.co.nz/buyerprotection
- Me whakaoti tō tauhokohoko i ngā wā katoa mā te paetukutuku Trade Me kia āhei atu koe ki tō mātau pono me ngā utauta haumarū
- Tirohia te hītori urupare a ngā kaihoko me ngā tuemi rangahau i mua i tō hoko



Te whakarite ka haumarū tō pūkete

- Kaua e tukuna te kupuhipa o tō pūkete ki tētahi atu
- Mēnā kei te whakamahi koe i tētahi pūrere hei tuari, takiputa i muri i te whakamahi i a Trade Me

Ētahi utauta anō:
[Trademe.co.nz/trust-safety](https://trademe.co.nz/trust-safety)



Ngā ingoa kaiwhakamahi Trade Me

Kaua e ōrite tō ingoa kaiwhakamahi Trade Me ki te wāhanga tuatahi o tō wāhitau īmēra

Mēnā ko johndoe123@mail.com tō īmēra, kaua rawa e whakamahi i a johndoe123 mō tō ingoa kaiwhakamahi

Mēnā he ōrite, ka nui ake te tūponotanga ka tinihangatia koe me ngā tauhokohoko i waho o Trade Me



Te pūrongo ihirangi

- Mēnā ko koe te pāpurenga o ngā ihirangi kino, ngā ihirangi pakirara rānei, me pūrongo mai ki a mātau
- He tohu mātaki hapori tō ia pānui e taea ai e koe te pūrongo i tētahi pānui ki a mātau
- Mō ngā āwhina me ngā urupare weriweri hē, tirohia trademe.com/feedback
- Me pūrongo ngā īmēra mōrea, ngā mahinga pūkete mōrea rānei ki abuse@trademe.co.nz

TŌ WHAKANGAHAU ME RANGIKIRIATA (NETFLIX)

He rerekē ia whānau. Koirā i hangaia ai e Rangikiriata ngā utauta haumarū me mana mātua hei āwhina i ngā mema kia whiriwhiri i runga i te mārāma. Hei ratonga ohaurunga me te kore pānui hokohoko, ko te āwhina i ā mātau mema ki te rapu i ngā mea e hiahia ana rātau anake tā mātau whāinga. Anei tētahi aratohu hei āwhina i a koe ki te tīmata.



Hangaia tō kiwhaiaro

Ka taea e koe te waihanga tētahi kiwhaiaro ki te nuinga o ngā pūrere. Me haere noa ki "Manage Profiles" ka pato i te pātene 'Add Profile'. Me tāpiri noa i tētahi ingoa (me whai ingoa ia Kiwhaiaro) ka kōwhiri i tētahi atahangariki mai i tētahi o ō pūāhua makau. Atu ki te rima ngā kiwhaiaro ka taea e koe i ia pūkete. Ina pāwhiria e koe tō kōtaha mō te wā tuatahi, ka whakaaturia ētahi mea ki a koe, ā, ka tonoa koe ki te kōwhiri i ngā mea e toru e hiahia ana koe ki te āwhina i a Rangikiriata ki te tūtohu whitiāhua me ngā whakaaturanga ki a koe.

Ka imēra anō a Rangikiriata i te kaupuri pūkete matua hei tūtohu ihirangi. Ko ngā kōtaha he kōtaha "All maturity" ka whiwhi i ngā tūtohutanga whaiaro ake. Mai i te mata [Account](#), panuku ki **My Profile**, ka pāwhiri "add Profile email".



Tāpiritia he kiwhaiaro tamariki

Ina waihanga i tētahi Kiwhaiaro, ka kite pea i tētahi kōwhiri hei tīpako "Child". He utauta haumarū i hoahoatia he tuku ihirangi aunoa e tika ana mā ngā tamariki. Ina huakina e koe a Rangikiriata, ka kite koe he rerekē te āhua o ngā kiwhaiaro tamariki kia tino rerekē ai ki ngā mea a ngā pakeke – he rerekē te tīpakonga taitara, ā, he mā te tahora papamuri.

I haumi mātau ki ngā tūmomo whitiāhua me ngā whakaaturanga pouaka whakaata rerekē mā ngā tamariki puta noa i te ao – tae atu ki ngā whitiāhua hakori toa, ngā whakaaturanga rangatū pērā i a Mighty Little Bheem me ngā whakaaturanga pāhekoheko pērā i a Carmen Sandiego: To Steal or Not to Steal.

Ētahi atu utauta Rangikiriata:
help.netflix.com



Ngā mana mātua

He mea nui ngā hoki te kōwhiringa me te whakahaere mō ā mātua mema katoa, otirā ngā mātua me whai i ngā whakatau tika mō ō rātau whānau. Ka taea e ngā mātua te:

- whakamaru ā-PIN ngā kiwhaiaro takitahi kia kore ai e whakamahia e ngā tamariki
- Tātari atu i ngā taitara kāore i te tika, ā, kia arahina e ngā whakatauranga o Aotearoa
- Tē ārai i ngā rangatū takitahi, whitiāhua rānei mā te taitara – kāore e whakaaturia ngā taitara ki tētahi wāhi o te kiwhaiaro
- Arotakengia ngā tautuhinga o ia kiwhaiaro e whakamahi ana i te pokapū "Profile and Parental Controls"
- Tirohia he aha ngā mea e mātakina ana e ā rātau tamariki i roto i te kiwhaiaro i hangaia mō rātau
- Whakawetohia te purei aunoa o ngā whakaaturanga i ngā kiwhaiaro tamariki

Me haere ki Account Settings hei whakamahi i ēnei mana.



Tāpirihia ki "My List"

Ko tētahi o ngā mea ka taea e koe i tēnei wā tonu hei whakarite ake i tō Kīwhaiaro he tāpiri i ngā whitiāhua me ngā whakaaturanga ki te kōwhiringa "My List".

Me tīpako noa i tētahi whakaaturanga pouaka whakaata, ka tīpako Add to My List, + My List rānei. Mēnā kei runga koe i tētahi rorohiko, ka taea anō e koe te whakaparo i runga ake o tētahi whitiāhua/whakaaturanga ka pato i te ata + ka puta i te kokonga matau. Ka kite koe i te "My List" hei rārangi i Rangikiriata. I runga rorohiko, kia tere ake ai te whakatere, ka taea anō te haere noa ki Netflix.com/MyList.

He māmā anō te tango mai i te rārangi: tīpakohia tētahi whakaaturanga/whitiāhua, ka tīpako Remove from My List. Me whakaparo rānei i runga rorohiko ka wetetīpako i te ata ✓.

NETFLIX

Ko Netsafe te whakahaere haumarū tuihono kaupapa aroha, motuhake, ā, e whakapau kaha ana mātau kia noho haumarū te tangata i runga ipurangi.

Waea āwhina a Netsafe

Ahakoā kei te aro koe ki te whakaweti i runga ipurangi, ki ngā tinihanga, kei te hiahia tohutohu rānei mō tētahi atu take tuihono māu, mā tētahi atu rānei, ka taea koe te āwhina e mātau.

He koreutu, he whakawā-kore tā mātau ratonga e wātea ana mō te whitu rā i te wiki. Ka taea e koe te whakapā atu ki te rōpū mā ngā huarahi e whā.

Waea koreutu

0508 NETSAFE (0508 638 723)

Īmēra

help@netsafe.org.nz

Te whakakī i tētahi puka pūrongo

netsafe.org.nz/report

Patowaea 'Netsafe' ki 4282

Mēnā kei te noho mōrearea koe, tētahi atu rānei, me waea atu ki 111.

Netsafe.org.nz

Haere ki netsafe.org.nz mō ngā mōhiohio mō ngā tūmomo take tuihono. He tohutohu kei reira mā ngā mātua, taiohi, otirā mā ngā tāngata katoa i Aotearoa!

I te mōhio anō koe?

He rōpū tō mātau e whakapau kaha ana ki te āwhina i ngā kura mō ngā momo mea katoa mai i ngā āwhina kōhukihuki e urupare ana ki ngā āhuatanga i runga ipurangi ki ngā whakawhitihiti kōrero ā-akomanga, ā-hapori tae noa ki ngā mahi whakamahere rautaki wā roa.

E tukuna anō e mātau te Kaupapa Kura a Netsafe hei whakamana i ngā kura mā ngā mōhiohio me ngā pūmanawa kia hangaia he wāhi tuihono haumarū mō ngā ākongā, whānau, kaimahi me ngā poari.

Kāore he utu ki te whakauru mai, ā, ka kitea ētahi atu kōrero i netsafe.org.nz/the-kit